

# My Asset Map







Name \_\_\_\_\_ Date \_\_\_\_\_



**What do I want to focus on?**

**What assets do I have?**

Basic Needs	
Connections	
Sense of Self	
Skills and Employability	
Money	
Health	

**What are my main assets right now?**

Basic Needs	1 2 3 4 5 6 7 8 9 10	
Connections	1 2 3 4 5 6 7 8 9 10	
Sense of Self	1 2 3 4 5 6 7 8 9 10	
Skills and Employability	1 2 3 4 5 6 7 8 9 10	
Money	1 2 3 4 5 6 7 8 9 10	
Health	1 2 3 4 5 6 7 8 9 10	

My Plan to build assets	I can do this myself
Basic Needs	
Connections	
Sense of Self	
Skills and Employability	
Money	
Health	